



1 st Quarter (45 Days)			
	Unit/Lesson	Learning Objectives	Reporting Categories (TEKS SEs)
1 st : Aug 8-12 (5 days)	USA Track and Field	Learn and practice track and field events associated with summer Olympics P.E. Safety and Procedures	PK.1-8.1 The student demonstrates competency in fundamental movement patterns and proficiency in a few specialized movement forms.
2 nd : Aug 15-19 (5 days)	100, 200, 400 Meter, Marathon	Learn and identify meters Practice Marathon race Traveling/ Spatial Awareness	PK.2-8.2 The student applies movement concepts and principles to the learning and development of motor skills.
3 rd : Aug 22-26 (5 days)	Long Jump, Shot Put, Javelin Throw	Learn and practice Discus Throw Learn and practice Shot Put Balance/Agility	PK.5-8.5 The student understands safety practices associated with physical activity and space.
4 th : Aug 29-Sept 2 (5 days)	Hurdles, 4x4 relay race	Learn and practice jumping over hurdles Learn and practice passing batons Balance and Agility	PK.4-8.4 The student knows the benefits from being involved in daily physical activity and factors that affect physical performance.
5 th : Sept 6-9 (4 days)	USA Volleyball	Learn and practice serve rotation Under/Over hand and bump volleying	PK.6-8.6 The student understands basic components such as strategies and rules of structured physical activities including, but not limited to, games, sports, dance, and gymnastics.
6 th : Sept 15-16 (2 days)	4 Square Volleyball	Learn and practice 4 square volley rotation	PK.4-8.4 The student knows the benefits from being involved in daily physical activity and factors that affect physical performance.
7 th : Sept 19-23 (5 days)	USA Badminton	Learn and practice Badminton serve	PK.6-8.6 The student understands basic components such as strategies and rules of structured physical activities including, but not limited to, games, sports, dance, and gymnastics.
8 th : Sept 26-30 (5 days)	Volleyball/Badminton Scrimmage	Participate in Volleyball and Badminton scrimmage game Diabetes Marathon Run	PK.3-8.3 The student exhibits a health-enhancing, physically active lifestyle that improves health and provides opportunities for enjoyment and challenge.
9 th : Oct 3-7 (5 days)	USA Basketball	Learn and practice: Dribbling, Pivoting, Bounce and Chest passing	PK.6-8.6 The student understands basic components such as strategies and rules of structured physical activities including, but not limited to, games, sports, dance, and gymnastics.
10 th : Oct 10-14 (5 days)	Basketball Pinball	Learn and practice: Dribbling, Pivoting, Bounce and Chest passing	PK.5-8.5 The student understands safety practices associated with physical activity and space.



2nd Quarter (39 Days)			
Week	Unit/Lesson	Learning Objectives	Reporting Categories (TEKS SEs)
1 st : Oct 17-21 (5 days)	Spastic Basketball	Learn and practice: Dribbling, Passing, and Shooting	PK.1-8.1 The student demonstrates competency in fundamental movement patterns and proficiency in a few specialized movement forms.
2 nd : Oct 24-28 (5 days)	Wacky Tacky Basketball	Learn and practice: Dribbling, Pivoting, Bounce and Chest passing	PK.7-8.7 The student develops positive self-management and social skills needed to work independently and with others in physical activity settings.
3 rd : Oct 31- Nov 4 (5 days)	Basketball Tournament	Technical/Tactical Rules of Play Dribbling, Pivoting, Bounce and Chest passing	PK.4-8.4 The student knows the benefits from being involved in daily physical activity and factors that affect physical performance.
4 th : Nov 7-11 (5 days)	USA Hockey	Technical/Tactical Rules of Play Learn and practice: Shuffle, Slide, Pass	PK.6-8.6 The student understands basic components such as strategies and rules of structured physical activities including, but not limited to, games, sports, dance, and gymnastics.
5 th : Nov 14-18 (5 days)	Hockey Corner Ball	Technical/Tactical Rules of Play Learn and practice: Shuffle, Slide, Pass	PK.1-8.1 The student demonstrates competency in fundamental movement patterns and proficiency in a few specialized movement forms.
6 th : Nov 28- Dec 2 (5 days)	Fitness Gram Testing: Curl ups, pushups, trunk lift, and PACER	Cardiovascular Endurance (Heart and Lungs) Muscular Strength (pushups and curl ups) Muscular Endurance (running and bike riding) Flexibility (yoga, stretches, trunk lift)	PK.4-8.4 The student knows the benefits from being involved in daily physical activity and factors that affect physical performance.
7 th : Dec 5-9 (5 days)	Girls on the Run Yoga	Muscular Endurance (running and bike riding) Learn benefits of exercise: Mind, Body and Soul	PK.7-8.7 The student develops positive self-management and social skills needed to work independently and with others in physical activity settings.
8 th : Dec 12-16 (5 days)	Archery Plinko	Learn shooting skills and target accuracy Archery Rules of Performance	PK.3-8.3 The student exhibits a health-enhancing, physically active lifestyle that improves health and provides opportunities for enjoyment and challenge.



3rd Quarter (46 Days)			
Week	Unit/Lesson	Learning Objectives	Reporting Categories (TEKS SEs)
1 st : Jan 3-6 (4 days)	USA Football	Learn and practice throwing and catching	PK.6-8.6 The student understands basic components such as strategies and rules of structured physical activities including, but not limited to, games, sports, dance, and gymnastics.
2 nd : Jan 9-13 (5 days)	Eagle Pro Day	Learn and practice passing and flag pulling	PK.4-8.4 The student knows the benefits from being involved in daily physical activity and factors that affect physical performance.
3 rd : Jan 17-19 (3 days)	Spastic Football	Learn and practice throwing, catching, and passing Tactical/Technical Foot movement	PK.1-8.1 The student demonstrates competency in fundamental movement patterns and proficiency in a few specialized movement forms.
4 th : Jan 23-27 (5 days)	Gestapo Football	Learn and practice flag pulling	PK.7-8.7 The student develops positive self-management and social skills needed to work independently and with others in physical activity settings.
5 th : Jan 30-Feb 3 (5 days)	Super Bowl XXXXXI (51) Football	100 Days of School Super Bowl XXXXXI	PK.3-8.3 The student exhibits a health-enhancing, physically active lifestyle that improves health and provides opportunities for enjoyment and challenge.
6 th : Feb 6-10 (5 days)	USA Soccer	Learn and practice dribble and passing Learn and practice dribble, kick and score	PK.6-8.6 The student understands basic components such as strategies and rules of structured physical activities including, but not limited to, games, sports, dance, and gymnastics.
7 th : Feb 13-17 (5 days)	Puddle Soccer	Learn and practice ball control	PK.5-8.5 The student understands safety practices associated with physical activity and space.
8 th : Feb 21-24 (4 days)	Copa de Eagle	Learn and practice ball control School wide Soccer Tournament	PK.1-8.1 The student demonstrates competency in fundamental movement patterns and proficiency in a few specialized movement forms.
9 th : Feb 27- Mar 3 (5 days)	Soccer Scrimmage (World Cup)	Learn and practice travel and change directions	PK.3-8.3 The student exhibits a health-enhancing, physically active lifestyle that improves health and provides opportunities for enjoyment and challenge.
10 th : Mar 6-10 (5 days)	USA Baseball	Learn and practice throwing and catching Jump Rope 4 Heart	PK.6-8.6 The student understands basic components such as strategies and rules of structured physical activities including, but not limited to, games, sports, dance, and gymnastics.



4th Quarter (48 Days)			
Week	Unit/Lesson	Learning Objectives	Reporting Categories (TEKS SEs)
1 st : Mar 20-24 (5 days)	Cone Baseball	Learn and practice batting and base running	PK.5-8.5 The student understands safety practices associated with physical activity and space.
2 nd : Mar 27-31 (5 days)	Basketball Eagle Pro Day	Technical/Tactical rules of play: Dribble, shoot and passing March Madness NCAA Basketball Tournament	PK.2-8.2 The student applies movement concepts and principles to the learning and development of motor skills.
3 rd : Apr 3-7 (5 days)	Bike A Thon Skate A Thon	Cardiovascular Endurance (Heart and Lungs) Muscular Endurance (running and bike riding)	PK.6-8.6 The student understands basic components such as strategies and rules of structured physical activities including, but not limited to, games, sports, dance, and gymnastics.
4 th : Apr 10-14 (5 days)	Table Tennis	Learn and practice volleying	PK.7-8.7 The student develops positive self-management and social skills needed to work independently and with others in physical activity settings.
5 th : April 18-22 (5 days)	Quick Serve Tennis	Learn and practice underhand serve and volley	PK.2-8.2 The student applies movement concepts and principles to the learning and development of motor skills.
6 th : Apr 24- 28 (5 days)	Fitness Gram Testing: Curl ups, pushups, trunk lift, and PACER	Cardiovascular Endurance (Heart and Lungs) Muscular Strength (pushups and curl ups) Muscular Endurance (running and bike riding) Flexibility (yoga, stretches, trunk lift)	PK.4-8.4 The student knows the benefits from being involved in daily physical activity and factors that affect physical performance.
7 th : May 1-5 (5 days)	Team USA Olympic Field Day	Olympic Parade & Field Day Events	PK.6-8.6 The student understands basic components such as strategies and rules of structured physical activities including, but not limited to, games, sports, dance, and gymnastics.
8 th : May 8-12 (5 days)	Bike A Thon Skate A Thon	Cardiovascular Endurance (Heart and Lungs) Muscular Endurance (running and bike riding)	PK.6-8.6 The student understands basic components such as strategies and rules of structured physical activities including, but not limited to, games, sports, dance, and gymnastics.
9 th : May 15-19 (5 days)	Human Body Systems	End of Year P.E. Test	PK.5-8.5 The student understands safety practices associated with physical activity and space.
10 th : May 22-24 (3 days)	Bust Out	Flag pulling penalty box guarding correct play of game	PK.5-8.5 The student understands safety practices associated with physical activity and space.