



Everest Academy

Prekindergarten Curriculum Guidelines

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Curricular Framework for Three Year Old Students at Everest Academy

Ascending to Excellence

Prekindergarten Curriculum Guidelines

INTRODUCTION:

Everest Academy is committed to providing an exemplary and meaningful curriculum to all its students by identifying core competencies, concepts, and content for teachers and students in all classrooms throughout the school. This curriculum document is a working document—a collaborative, ongoing process which will result in an agreement between teachers, principals, students, parents, and the community. Input will be solicited at the end of each school year to further align both content and teaching practices. This curriculum, when implemented as recommended, can lead to high achievement and excellence for Prekindergarten students at Everest Academy.

The guidelines below are based on knowledge of theory and research about how children develop and learn; they reflect the growing consensus among early childhood professional organizations that a greater emphasis be placed on young children's conceptual learning, acquisition of basic skills, and participation in meaningful and relevant learning experiences. They delineate the content that children are encouraged to learn and achieve at the completion of academic year. These guidelines provide a means to align our Pre Kindergarten program with the Texas Essential Knowledge and Skills (TEKS) as well as the guidelines established by Montessori Educators.

Given the fact that the fact that each learner is unique; Everest Academy strives to provide instruction based on each individual's strengths and needs; in a relaxed and safe environment of comfort and collaboration that is conducive to learning.

LISTENING AND SPEAKING SKILLS:

- Following simple directions
- Understanding Verbal Commands
 - Listening attentively for different purposes to educators and audio aids (tapes, records, etc.) and showing understanding through gestures, actions, and/or language
- Responding appropriately by answering questions verbally
- Repeating a sentence of 6-8 words
- Repeating a sequence of orally given numbers
- Building vocabulary
- Contributing to group discussions
- Refraining from 'baby talk'
- Communicating in complete sentences

SOCIAL AND EMOTIONAL SKILLS

- Respecting rules and authority
- Exercising self-control
- Getting along with peers
- Working co-operatively
- Orderly Transition
- Being polite and helpful
- Identification of human feelings

SELF RELIANCE AND INDEPENDENCE

- Feeling secure in environment
- Working independently
- Cleaning own area
- Being responsible for belongings
- Exhibiting self-toileting skill

WORK HABITS AND LEARNING SKILLS

- Observing, exploring, and investigating
- Following directions
- Organizing tasks and following sequence
- Completing assigned tasks
- Refraining from distracting
- Displaying pride in work
- Knowing first and last name

FINE AND GROSS MOTOR SKILLS

- Walking, running, hopping, skipping, sliding
- Walking in a straight line
- Being able to stand on one foot for 5-10 seconds
- Throwing ball
- Holding crayons, pencils
- Using coloring pencils
- Holding and using scissors
- Using paints, glue

READINESS SKILLS

- Sorting objects by color, size, etc.
- Cutting along a straight line with scissors
- Using a glue stick
- Using tape
- Using markers, crayons, and paintbrush correctly
- Coloring within the lines reasonably well
- Knowing full name

READING READINESS

- Phonemic awareness: Identifying some letter sounds
- Phonic awareness: Associating some phonemes to matching alphabet
- Recognition of some upper and lower case alphabets
- Beginning consonants
- Ending consonants
- Motivation to read
- Print awareness: Functions of print, directionality, Correct way of handling books
- Reading picture books
- Memorizing poems and rhymes

MATHEMATICS

- Introduction to Pre and Early Math Skills such as
 - Developing mathematical cognition and vocabulary
 - Variations in number, size, shape, color etc.
 - Making sets
 - Patterns
 - Geometry and Spatial Sense
 - Measurement
 - Classification and data collection
- Linear counting orally up to 20
- Recognition of some numbers
- Associating numbers with quantity 1-10
- Understanding comparisons such as big, bigger etc.
- Introduction to spatial relationships such as on top of, next to, underneath, behind etc.
- Recognition of basic two and three dimensional shapes
- Introduction to Time
- Introduction to Money

WRITING/ PENMANSHIP

- Tracing letters using crayons, markers, and large preschool pencils
- Pre writing exercises
- Sandpaper letters

SCIENCE

- Introduction to Science Process Skills such as:
 - Asking questions
 - Developing an interest in scientific inquiry and investigation
 - Using senses to observe and learn
 - Laboratory safety
- Preliminary concepts regarding:
 - Living & Non-living
 - Senses
 - Parts of Human Body
 - Seasons
 - Animals
 - Plants
- Magnet

SOCIAL STUDIES

- Social Studies Skills- Application of critical thinking skills, effective communication, problem solving, decision making, working cooperatively and independently
- Preliminary Concepts regarding:
 - My family
 - My school
 - My community
 - My State, Country
 - People around the World
 - Land Forms

FINE ARTS

- Using a variety of materials to create original artwork

- Using various colors, surface textures, and shapes to create form and meaning
- Beginning to use art as a form of self expression, sharing ideas about personal artwork and showing interest in artwork of others
- Participation in classroom music activities and beginning to sing a variety of simple songs
- Expressing feelings through movement
- Beginning to engage in dramatic play with others

SENSORIAL

- Pink tower
- Brown stairs
- Color tablets
- Shape Puzzles
- Geometric solids
- Pegs and Patterns
- Lacing
- Touch boards
- Smelling jars
- Sound boxes
- Pre writing
- Cylinder Blocks
- Knobbed and Knob less Cylinders

PRACTICAL LIFE SKILLS

- Exercises of grace and courtesy- greeting, speaking softly, saying please and thank you, practice good manners and responsible behavior, apologize, quiet voice level, personal grooming
- Carrying exercises
- Walking exercises
- Folding exercises
- Stringing beads
- Pouring exercises
- Spooning exercises
- Using tongs, clothes pins
- Assembling simple puzzles
- Dressing frames

ARABIC

- Exchanging greetings
- Identifying objects common in their daily life: food, drinks, clothes, animals, objects in the classroom and at home
- Expressing possession and association
- Talking about self and others in a simple manner
- Describing people, things, likes, and dislikes
- Answering simple questions and responding to simple commands
- Identifying some colors
- Introduction to Arabic Alphabets
- Introduction to Arabic Numbers
- Tracing and Coloring
- Pronunciation and Reading

ISLAMIC STUDIES/ QUR'AN

- Basic understanding of Imaan, Ikhlāq, Ibadaah
- Understanding the significance of, appreciating and celebrating Islamic festivals
- Introduction to dua'as for greeting, eating, sleeping, completing tasks.
- Introduction to Surahs- Surah An Naas to Al Ikhlāas
- Stories of Prophets